



Extra-Curricular activities for Sixth Form

Unlike other Colleges, at CAST, all students get the opportunity to be involved in learning beyond the curriculum through Challenge projects. However, this information sheet is about extracurricular clubs offered to CAST students this year.

Please note clubs in green are based at Cambridge Academy for Science and Technology and blue clubs are at other United Learning Cambridge Cluster schools.

Monday

Club	Students	Time	Location	Teacher/Instructor
Physics Surgery	Year 12 & Year 13	1.10pm - 2.00pm	Main Challenge	Allan Bramley
Calm Club	Year 12 & Year 13	1.20pm - 2.00pm	Lecture Theatre	Catherine Hall
Games Club	Year 12 & Year 13	1.20pm - 2.00pm	Lecture Theatre	Fiona Donnelly
Cluster Funk B&2 (BabyFunk)	By audition Horns welcome	4.15pm - 5.15pm	Coleridge	Miss Lewis

Tuesday

Club	Students	Time	Location	Teacher/Instructor
Biology Surgery	Year 12	1.20pm - 2.00pm	Main Challenge	Margarita Beltran
Art Club	Year 12 & Year 13	1.20pm - 2.00pm	Rm 124	Sam Lakin
Games Club	Year 12 & Year 13	1.20pm - 2.00pm	Lecture Theatre	Fiona Donnelly
Cluster Carnival Crew 2 Samba Club	New players welcome	3.10pm - 4.10pm	Coleridge	Miss Lewis



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Wednesday

Club	Students	Time	Location	Teacher/Instructor
Biology Surgery	Year 13	1.20pm - 2.00pm	Rm 201B	Alex Caley
Art Club	Year 12 & Year 13	1.20pm - 2.00pm	Rm 124	Sam Lakin
Games Club	Year 12 & Year 13	1.20pm - 2.00pm	Lecture Theatre	Fiona Donnelly
Cluster PF03 (beginner Orchestra)	All players Grade 3 welcome	3.10pm - 4.10pm	Coleridge	Miss Lewis
Cluster Vox (Chamber Choir)	All welcome	4.00pm - 5.30pm	Coleridge	Miss Lewis
Cluster PF01 (Orchestra)	All players Grade 4 (ish) welcome	6.00pm - 7.30pm	Coleridge	Miss Lewis

Thursday

Club	Students	Time	Location	Teacher/Instructor
Science in Archaeology	All years	12.40pm	Rm 102	Barry Cooper
Chemistry Surgery	Year 12 & Year 13	1.20pm - 2.00pm	Rm 124	Laura Atkin
Calm Club	Year 12 & Year 13	1.20pm - 2.00pm	Rm 17	Jess Gladman
Games Club	Year 12 & Year 13	1.20pm - 2.00pm	Lecture Theatre	Fiona Donnelly
Cluster Bands Club	All welcome	3.15pm - 4.15pm	Coleridge	Miss Lewis
Fencing	All years	3.15pm - 4.45pm	Trumpington	Contact Cambridge Sword 1st session free
Cluster Carnival Crew 1	By audition	4.15pm - 5.15pm	Coleridge	Miss Lewis



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Friday

Club	Students	Time	Location	Teacher/Instructor
Calm Club	Year 12 & Year 13	1.20pm - 2.00pm	Lecture Theatre	Catherine Hall
CAST Games Club	Year 12 & Year 13	1.20pm - 2.00pm	Lecture Theatre	Fiona Donnelly
Christian Union	All years	2.50pm - 3.30pm	Rm 211B	Tim Gradon
Warhammer Sign up via link below	All years	2.50pm - 4.30pm	Main Challenge	Alex Caley
Rainbow Club	Year 12 & Year 13	2.50pm - 3.30pm	Rm 125	Margarita Beltran
Astronomy Club	All years	3.00pm - 4.00pm	Rm 201A	Colin Bashford
Cluster PFO1 (Little Big Band)	All welcome	3.15pm - 4.15pm	Coleridge	Miss Lewis

Warhammer Club - Please complete this [link](#) if your child if your child will be attending

Miss Lewis: Rebecca.Lewis@ColeridgeCC.org.uk

Mr Dixon: Ian.Dixon@ColeridgeCC.org.uk

Ms Lally: Hannah.Lalley@ColeridgeCC.org.uk

Cambridge Sword: <https://cambridgeswordclub.com/>



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Duke of Edinburgh Award Scheme

We are delighted to let you know that we are about to launch the Gold (Year 12) Duke of Edinburgh's Award (DofE).

Why do DofE?

Doing their DofE is a brilliant way for your young person to discover just how much they are capable of. It gives young people the chance to make new friends, follow their passions, learn new skills, and make a difference in our community. Achieving a DofE Award is a great way to impress employers too. And it helps young people to see themselves differently and gain a new level of confidence. We always say that after taking on your DofE, you know that whatever life throws at you, you're ready to deal with it. The DofE is non-competitive and a powerful way for every young person to build belief in themselves, whatever their background, interests, and abilities.

How it works

There are three levels of DofE Award – Bronze, Silver and Gold. To achieve their Award, your young person will need to complete four sections:

- Volunteering
- Physical
- Skills
- Expedition
- (Residential for Gold only)

Young people can choose what they would like to do for the first three sections, and we will provide all the guidance and support they need. The Expedition involves spending a designated number of days and nights in the countryside depending on the award. See time scales for Gold below. We provide comprehensive training beforehand to ensure everyone is fully prepared and has the best possible experience for the Bronze award. For Gold, participants take part on open expeditions offered by the provider of their choice.



Time scales for each award

For Gold, the programme takes at least 12 months if the participant has achieved the Silver Award, or 18 months if they started at Gold level without doing Silver – even if they have done Bronze. The big difference at Gold is that participants also do a Residential section – staying away from home for five days and four nights doing a shared activity with people they don't know.

- Volunteering section: 12 months
- Physical and Skills sections: One section for 12 months and the other section for 6 months
- Expedition section: 4 days/3 nights
- Residential section: Undertake a shared activity in a residential setting away from home for 5 days and 4 nights

If a participant did not do Silver, they must undertake a further 6 months in either the Volunteering or the longer of the Physical or Skills sections.

Next steps

We hope lots of our young people will take this opportunity to get involved with DofE.

The cost is £50 for Gold. The cost for Gold only covers the admin and participation fees, as participants arrange their expeditions and residentials with their preferred providers. For more information about the open expeditions see information link below.

- [DofE Gold - PPT presentation with more detailed information](#)

Please contact Margarita Beltran, Head of Sixth Form, if you wish to know further information.